

Recipe of the Month – September 2024

Buckeye Apple Nachos

Serves: 4

Serving Size: 1/4 of recipe Cost per Serving: \$0.69

Ingredients:

1/4 cup dark chocolate chips
1/3 cup peanut butter OR nut butter
2 apples, sliced
1/3 cup pretzels, chopped
1/2 cup unsalted, chopped
1/4 cup dried fruit (raisins, low sugar dried cranberries, etc.)



Directions:

- Add dark chocolate chips and peanut butter to small microwave-safe bowl.
 Microwave 10 seconds, remove, and stir gently. Repeat microwaving 10 seconds at a time until peanut butter and chocolate chips have melted together into a pour-able sauce.
- 2. Arrange apples slices in a singular layer on a large serving plate.
- 3. Drizzle with a spoon with half the dark chocolate and peanut butter mixture onto the apples, then sprinkle with pretzels, nuts, and dried fruit.
- 4. Drizzle the remaining dark chocolate and peanut butter mixture.

TIPS

- -If you don't have nuts in your pantry, try using chunky peanut butter in the drizzle for an extra crunch.
- -We suggest using tart apples varieties such as Granny Smith, Pink Lady, or McIntosh.

Nutrition Facts per Serving: 420 calories, 24g total Fat (6g sat. fat),

0mg.Cholesterol, 200mg Sodium, 45g Carbohydrates, 7g Fiber, 27g Sugar, 12g Protein

Recipe compliments of Ohio SNAP-Ed (Ohio State Extension) Celebrate Your Plate 2024 Calendar



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