

VOLUNTEER'S 4-H PLEDGE

I pledge my **HEAD** to give children the information I can, to help them see things clearly and to make wise decisions.

I pledge my **HEART** to encourage and support children no matter whether they have success or disappointments.

I pledge my **HANDS** to help children's groups; if I cannot be a leader, I can help in many equally important ways.

I pledge my **HEALTH** to keep children strong and well for a better world through 4-H, for children's groups, our community, our country, and our world.

