

# Recipe of the Month – **FPE**

**2024**

## Beef & Vegetable Pot Roast

Serves: 10

Serving Size:

Cost per Serving: \$

### Ingredients:

### Directions:

**Nutrition Facts per Serving:**  calories,  total Fat ( sat. fat),

mg. Cholesterol,  mg Sodium,  Carbohydrates,  Fiber,  Sugar,  Protein

*Recipe compliments of Ohio SNAP-Ed (Ohio State Extension) Celebrate Your Plate 2024 Calendar*



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES

**Clermont County Extension**

1000 Locust Street, PO Box 670

Owensville, OH 45160

Phone: 513-732-7070